



# Toast of the Coast

Vol. 3 No.4 February 2011

Distinguished District ONE Toastmasters. Unbeatable...together.

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For the most current event information, go to <http://www.tmdistrictone.org/>



Toastmasters (including four Past District Governors in this shot alone) demonstrate the camaraderie and commitment to service that made the Toastmasters Leadership Institute on January 8 such a success. Here at Cal State Dominguez Hills are, left to right: **Jennifer Ofo Addo, Donna Oja, Theresa Hight, Ann Hastings, Norman Riggs, Janine Burke, Brian Russo, Gloria Davis, TLI Co-Chair Virginia Rodriguez and David Kitchen**

[More TLI pictures on page 12](#)

## Operation: Shooting for the Moon



Giovanna Dottore, DTM, District ONE Governor

CONGRATULATIONS ON A SUCCESSFUL FIRST HALF! Our clubs are living out their mission — *to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral communication and leadership skills, which in turn foster self-confidence and personal growth.*

As we head into our second term, I challenge you to grow through “**Operation: Shooting for the Moon.**” It encourages 1) all clubs to become President’s Distinguished and 2) every member to achieve at least one educational designation by this June.

article continued on page 2

### In This Issue:

**Toastmasters in Thailand** Jahnvi Goldstein gives a first-person account of how Toastmasters works on the other side of the world. Do they clap? Shake hands? Conduct meetings in English? See page 3.

**Clubs in the Spotlight** Six clubs are featured on pages 6-7. Is yours among them? Be sure to take pictures at club events and send them to the Editor. Your club might find itself featured in the April issue!

## Operation: Shooting for the Moon (continued from page 1)

President John F. Kennedy said in his lunar speech, "We choose to go to the moon. We choose to go in this decade and do the other things, not because they are easy, but because they are hard, because that goal will serve to organize and measure the best of our energies and skills, because that challenge is one that we are willing to accept, one we are unwilling to postpone, and one which we intend to win..."

If we agree that Toastmasters is the place to improve our skills and help to overcome fear, then we should have no problem taking our own ride to the moon.

What does it mean? Think back to the last time you bought a car, researched a school or training, sought out a day care center or looked for the "A" rating at a restau-

rant. The symbol of quality that you looked for in these investments is the same symbol that made you join Toastmasters. Being a President's Distinguished club is the ultimate symbol of quality. Continuing to achieve designations is your symbol of skill and growth.

Start your ride to the moon now. Overcome fear. Hone presentation skills. Mentor. Lead. Pay it forward.

My commitment is to achieve a DTM by June. I am 8 speeches away. Set your goal and join the ride.

The entire District ONE leadership team is ready and willing to help you. We are committed to the District motto "Unbeatable...together."

—Giovanna E. Dottore, DTM  
District ONE Governor

## How are we doing on "Shooting for the Moon"?

THESE MEMBERS HAVE ALREADY achieved 5 educational designations and will receive the High Achievers Award at the Awards & Installation Banquet in August, 2011:

Jessica Lewis Allen, DTM  
Cynthia Lamb, DTM  
Choon Mah-Meggett, DTM  
Regina Rhymes, DTM

Lakewood Toastmasters has already earned 5 Competent Communicator designations and will be entered into the drawing to receive a free ticket to the 2011 District ONE Spring Conference.

# OPERATION: SHOOTING FOR THE MOON



### COMMUNICATION

**Win a ticket to your Spring 2011 Division Contest!** Club in each division with the highest number of CCs by March 31 will receive a complimentary ticket to their Division Contest.

**Win a ticket to the Spring 2011 District Conference!** Any club turning in 5 or more CCs by May 6 will be entered into a drawing for:

3rd prize = 1 ticket to the Conference  
2nd prize = 2 tickets to the Conference  
Grand Prize = 2 tickets to the Conference + 50 raffle tickets

**High Achiever Award Commemorative Trophy!** Any member who earns 5 or more educational achievements by June 30 will receive a commemorative plaque.

**Outstanding VPE Award Commemorative Trophy!** Apply for the Outstanding VPE award. One winner per term will receive a commemorative plaque.

### MEMBERSHIP

**CLUBS THAT:**

- Conduct an Open House in Jan./Feb...**receive choice of Education/Marketing material valued up to \$10.
- Gain 5+ members between Jan. 1 - Feb. 28...**can select items from the TI store up to \$45 value.
- Renew base membership by March 28...**will be placed in a drawing to win a TI Gift Certificate: \$100 (1), \$50 (2) or \$25 (4).
- Conduct a Speechcraft in Jan./Feb...**will receive a complimentary Speechcraft starter kit.
- Achieve the Talk Up Toastmasters Award...**can select additional items from the TI store up to \$30 value
- Achieve the Beat the Clock Award...**can select additional items from the TI store up to \$20 value

### CLUB

**TI STORE CERTIFICATES!!!**

**By April 30, 2011:**  
Distinguished: \$20  
Select Distinguished: \$25  
President's Distinguished: \$30

**By May 31, 2011:**  
Distinguished...\$15  
Select Distinguished...\$20

President's Distinguished...\$25

**By June 30, 2011:**  
Distinguished ...\$10  
Select Distinguished...\$15  
President's Distinguished...\$20

**QUESTIONS? CONTACT:**  
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District Governor, Giovanna Dottore, DTM, [giovanna.dottore@tmdistrictone.org](mailto:giovanna.dottore@tmdistrictone.org)



## Toastmasters in Thailand



American clubs. The only suggestion I could think of to give them was to incorporate giving out awards at the conclusion of the meeting – which was the major factor different from the American club meetings I've attended.

Wherever you find yourself travelling, visit a local club. And if you ever find yourself in Bangkok I highly recommend you visit Siam Toastmasters! Find out more about them at: <http://siamtoastmasters.org/> .

—Jahnavi Goldstein, ACB/CL

IN NOVEMBER OF 2010 I VISITED the Siam Toastmasters Club in Bangkok, Thailand – one of the oldest English-speaking clubs in Thailand, founded over 25 years ago by one of Thailand's six Distinguished Toastmasters. The President of the club was very responsive to my request to visit and even ensured that there were vegetarian meals provided for my mother, with whom I was travelling, and me.

The club had a wide variety of skill levels and members from various professions and backgrounds. Most members were Thai, although there were a few British members who took their Grammarian roles very seriously! I was SO impressed with the Thai members' proficiency and dedication not only to excel at public speaking — but do so in a second language.

Throughout the meeting various members shared several inspirational quotes. My favorite was "Let us never speak our fear, but never let us fear to speak."

The general meeting format was very similar to the American meeting format and

it was great to see that the Toastmasters program functions so consistently. Although they shook hands, they mainly employed the Thai tradition of bowing to one another in greeting and respect and showed us the proper way to bow. The club took things a step further by having professional PowerPoint slides to help guide the meeting. While conducted quite formally the members had a lot of fun, with several jokes made by the Toastmaster regarding Mel Gibson and the activities of other infamous Americans in the news.

The club invited me to participate in Table Topics and was excited to hear how their club compared to



### In Memoriam

Wendell Shaw passed away on Tuesday, February 1, 2011.

Wendell was known as a loving parent to his children Joshua, Erica and Jacob; a beloved husband to his wife Cynthia; a loyal, dependable and humorous friend to many; and, lastly, a dedicated and invaluable member of Toastmasters. Especially within Culver City Toastmasters, Division A and the Speakers Bureau, his presence will be sorely missed.

Wendell was supportive, encouraging and inspiring to many, many Toastmasters over the years. Our time together suddenly seems very brief and precious.

For those who may wish to write a note to the Shaw Family, the address is:  
1942 W 85th St.  
Los Angeles, CA 90047

# The Kitchen Korner

## Recipes for Club Success

WANT REAL CLUB SUCCESS? Start by “giving away the kitchen sink.” Dish out more member recognition. Stir up more excitement at your clubs. Talk up Toastmasters with your friends and family. Continue spreading membership madness NOW! Congratulations to the clubs reaching out to others and shooting for the moon to turn up the heat on membership.

Spice up membership in February and March by winning some of the hot prizes District ONE is offering clubs to help create blockbuster membership. When your club wins, your members win!

- Win a \$25 TI certificate by gaining 5 members through any OPEN HOUSE held before February 28.
- Win 10% TI store discount PLUS one free item valued up to \$30! Gain 5 members during TI’s “Talk up Toastmasters!” contest (February 1–March 31).
- Win an opportunity for \$100, \$50 and \$25 TI certificates. Renew your club base membership by March 28.
- Win a Speechcraft kit! Host a Speechcraft before February 28.

These opportunities are on the menu for every club. Need help? Attend the MEMBERSHIP SYMPOSIUM on February 12 to unlock the secret to successful membership building. Does your club have less than 12 members? Get involved with the Adopt-a-Club Program and ask a strong membership club to help! For more information on any of these incentives and programs contact David Kitchen, DTM, at [DavidKitchen@earthlink.net](mailto:DavidKitchen@earthlink.net).

Remember: Aim for the stars, shoot for the moon and turn up the heat on membership. Get everyone involved. When it comes to membership, there are never too many cooks in the kitchen! This is the key to keeping District ONE “unbeatable . . . together.”



— David Kitchen, DTM  
Lt. Governor Marketing  
[DavidKitchen@earthlink.net](mailto:DavidKitchen@earthlink.net)

## Need Members?

Check out these FREE resources from Toastmasters International

Free promotional materials: [www.toastmasters.org/freepromotionalmaterials](http://www.toastmasters.org/freepromotionalmaterials)  
Membership Building: [www.toastmasters.org/membershipbuilding](http://www.toastmasters.org/membershipbuilding)  
Membership-Building Contests: [www.toastmasters.org/membershipcontests](http://www.toastmasters.org/membershipcontests)  
17 Ideas on How and Where to Promote Toastmasters: [www.toastmasters.org/promote](http://www.toastmasters.org/promote)  
Build It and They Will Come: <http://www.toastmasters.org/buildit>  
The Power of Publicity: [www.toastmasters.org/powerofpublicity](http://www.toastmasters.org/powerofpublicity)  
Lift Your Club's Quality Bar: [www.toastmasters.org/qualitybar](http://www.toastmasters.org/qualitybar)  
And here's an article on the benefits of Toastmasters from the L. A. Times:  
[http://www.latimes.com/business/la-fi-cover1-2008jun01\\_0,3452770,full.story](http://www.latimes.com/business/la-fi-cover1-2008jun01_0,3452770,full.story)



### Toast of the Coast

News and Views from District ONE

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District ONE website  
<http://www.tmdistrictone.org>



# Get the Secret to Membership Success!



Reserve your seat now for the District One

# MEMBERSHIP SYMPOSIUM

**Does your club need more members?**

Attend the **MEMBERSHIP SYMPOSIUM** and find out exactly what to do to ensure a steady stream of guests and keep the membership pipeline flowing.

*We will:*

- REVEAL secrets for attracting new members
- EXPOSE key strategies for retaining current members
- UNCOVER proven methods for building strong clubs

*You will:*

- CREATE vibrant, excited club members
- BUILD inspired, active, engaged membership
- ENJOY healthy clubs with energized, well-attended meetings

*Learn from experts:*

**Laura Jarnat**, DTM, PDG

**Joyce Persichelli**, DTM, PDG, Regional Marketing Advisor

**Ann Hastings**, DTM, PID

Open to all District ONE  
Toastmasters, Club Officers  
and District Leaders

**RSVP today!**

**Cost: \$5.00**

**Refreshments provided**

**SATURDAY, FEBRUARY 12, 2011**

**9:00 A.M. – 1:00 P.M.**

**Westside Neighborhood School  
5401 Beethoven Street, Los Angeles  
(near Jefferson and Lincoln)**

To RSVP or for more information, contact:

**Gail Rosenthal**, DTM, Symposium Chair • [GailSpeaks@gmail.com](mailto:GailSpeaks@gmail.com) • 310-492-5241

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**Sponsored by District ONE Leadership Team - "Unbeatable...together."**

## In the Spotlight



**Agape Toastmasters'** Red Carpet Awards Celebration was a hit this year, with Agape Live (aka Table Topics) hosted by **Sheri Zampelli**, ACB (right) and awards presented by **Margaret Futerer**, CC (left). The Red Carpet is an annual holiday event recognizing membership strengths.

**Ty McCoy**, CC, received the club's prestigious Toastmaster of the Year award.

**Herbalife Toastmasters** hosted special guest speaker, Herbalife President **Des Walsh**, at their recent "Triumph" Open House. Walsh spoke on the benefits of Toastmasters, and the event was definitely a triumph, with 4 new members joining on the spot!



### Legacy through Leadership Toastmasters

(below) celebrated in a big way at its charter ceremony, where District ONE leaders recognized charter members, club sponsors and mentors with certificates and pins.

According to Associate Director **Nicole**

**Jones-Watkins** of the USC Office of Black Alumni Programs and financial sponsor of the club, "Legacy through Leadership Toastmasters is the first undergraduate Toastmasters club on the USC campus and will soon be recognized as an official university campus club. Every charter member should be proud of the Legacy they are leaving today."

Sponsors and supporters of the club include USC Alumna and Toastmaster, **Gena Yvette Davis**. Club Mentors are **Afiong Ekong** and **Roy Lee Walker**. President of Legacy through Leadership Toastmasters is sophomore **Domineisha Lescaille**.



### February is Open House Month!

More than a dozen District ONE clubs have already scheduled Open Houses to attract guests and gain new members. Is your club one of them? Take photos and we'll print them in the next issue of TOTC. Need help planning an Open House? Contact Lt. Gov. Marketing, **David Kitchen**, DTM at [davidkitchen@earthlink.net](mailto:davidkitchen@earthlink.net).



When **Carla Taravella** of **Professional Women Toastmasters** opened the February issue of her *Toastmaster* magazine, she found herself in print! Go to the "Letters to the Editor" section to read her letter.

*Toast of the Coast* loves to hear from its



readers too. Email Editor **Lynda Levy** at [levy110@verizon.net](mailto:levy110@verizon.net) with club news, comments or suggestions.

## More Clubs in the Spotlight



### West Hollywood Toastmasters

brought in special guests and District ONE dignitaries for its Officer Installation on January 10. Area B4 Governor Abdul Alim, ACS/ALB installed a new Executive Committee headed by Club

President **Tony Estrada**, CC, who promised to keep up WeHo's winning streak.

Above, Toastmaster **Godo Solsona** presents ribbons to **Jessica Allen**, DTM (best Table Topics); **Tony Frankel**, ACB (best evaluator); and **Philip Rowe**, CC/CL (best speaker).

**Century City Toastmasters'** annual holiday party was held on January 22 at the home of **Elizabeth Smith**, Club VPM. Photographer **Jon Caplan** (who's also the District ONE Webmaster) captured the shots below expressing the conviviality and energy of this club, which meets every Wednesday at 7:00 am.



## Speakers Bureau News

On Thursday, December 9, 2010, Speakers Bureau members **Jack Anderson**, **Jason Partee**, CL, QS, **Wendell Shaw**, ACG/ALB, QS and **Jeffrey Wolfe**, ACB, QS displayed their critical thinking and speaking skills as they debated the question: "Are the 2010 Health Care laws good for Americans?" This free community event was co-sponsored by Founders District, the City of Stanton and Stanton Dialogue Masters Toastmasters Club as a way to encourage serious and respectful debate about an important public issue while introducing more members of the community to Toastmasters. Thanks to Stanton Dialogue Masters President **Doug Crocker**, **Norm Cook**, DTM, PDG (Founders District) and **Jack Nichols**, DTM, for organizing such a great event and inviting District ONE Speakers Bureau to contribute!



*Debate participants (left to right) Jason Partee, Wendell Shaw, Norm Cook, Jack Anderson, Doug Crocker and Jeff Wolfe.*

Plus, congratulations to our newest Qualified Speaker **Kryssie Mackey**, ACB/ALB!

## Club Coach Training



*Hiba Hamdan, DTM, Club Coach Chair, discusses ways to turn low-membership clubs into high achievers at District ONE's dedicated Club Coach training on January 31.*

# It Works!

## Success Stories from District One



It Works! highlights personal and professional success stories submitted by District ONE members. Has your Toastmasters experience translated into real-world results? Tell us about it! Submit your story to TOTC Editor Lynda Levy at [Levy110@verizon.net](mailto:Levy110@verizon.net).

When I joined Toastmasters in 2005, I knew I wanted to improve my communication and leadership abilities, but what I've gained is so much more! After serving in several club officer positions I was elected Division E Governor for 2009-2010. It was challenging to keep such a large and diverse group motivated, but at the end of the year Division E was President's Distinguished and I became one of 2 Division Governors of the year!

I've been able to apply the confidence and skills I've gained in Toastmasters directly to my job as a Systems Engineer. I was able to demonstrate that I can organize meetings with executives, managers and staff; plan events for large or small teams; and integrate with any line of business to conduct a needs analysis. I recently gave a very well-received presentation on communicating with non-technical customers. And now after all the leadership experience I have received from TM, I have been promoted to an IT Operations management position with White Cap Construction Supply.



Camille Rivera

*Camille Rivera, ACB/ALS  
VP Membership, Long Beach Gavel Club 11*

### PASSION AWAKENS

Almost a year ago, I became a charter member of First Class Communicators. I gladly accepted the role of VP of Membership. The timing was just right. Although I was content in my life as a mother of 5, wife and partner in the family business, something was missing: PASSION!!

Right away, there was excitement in Toastmasters! There were people who shared similar interests and there was laughter, learning and personal growth. I looked forward to each day. I was giving back and with that, receiving so much more.

Shortly after our club chartered, we attended a speech contest in Playa Del Rey. Wow! The contestants were all fantastic. "How do they do that?" I thought. To stand in front of a large audience and deliver a perfectly executed speech amazed me. Could I do that?

Less than a year after joining Toastmasters, I won the Area, Division and District Humorous Speech contests. I was in the local newspaper and was interviewed on a radio show. Why, I'd never won anything in my life! I was committed to Toastmasters and it paid off exponentially.



Michelle Richardson

The passion was awakened in me. There was overwhelming support at my club. Our president pushed us to be our best and stay on task. And the mentors from District ONE got us off to a strong start through education and constructive evaluations. We mentored each other and realized our greatness. Not only was there support in our club, there was the support of other clubs.

Toastmasters brought out the passion in me. It can do the same for you!

*Michelle Richardson, ACB/CL  
VP Membership, First Class Communicators*

### FROM FROZEN TO FUN

I still remember the day, a little over 2 years ago, that I first stood in front of the lectern to deliver my Icebreaker speech. I practiced the speech many times but as soon as I got up there, I immediately froze and forgot my speech! My face was flushed, my hands were shaking ... I took out my notes and ended up reading the whole speech.



Meg Kuroda

Fast forward 2 years. I found myself competing in my Area's Humorous Speech contest. I didn't win, but I came in a close second. It felt so good to be confident and hear the audience laugh out loud at my speech. In my professional life, I comfortably delivered a short presentation in front of 150 people, which I would have never done without my Toastmasters experience.

English is not my native language. If Toastmasters can work for me, it can work for anybody, I guarantee it!

*Meg Kuroda, CC  
President, J. P. Rinnert Toastmasters*

### OBSTACLES GONE!

I joined Toastmasters in 2006 to improve my communication skills as a real estate professional of 20 years. Within 3 months I was a club officer of my home club Peninsula 174. My speaking skills improved, but I still felt unable to take my business to a new demographic group – the multi-million dollar market. With only a high school diploma, I didn't feel worthy to mix with the MBA and Ph.D. clientele. However, a magical thing happened. The exemplary leaders in District ONE, the entire educational program and my involvement as

a District leader eradicated my self-imposed obstacles! My current business entails multi-million dollar listings and sales. Thank you District ONE leaders for your positive, friendly learning environment. My business and self-esteem is shooting for the moon!



Angel Estrada

*Angel Estrada, DTM  
Peninsula Toastmasters  
Asst. Division D Governor  
2009-2010 Area Governor of the Year*

# Congratulations

to the following members of Distinguished District ONE who achieved Educational Awards between 11-19-10 and 1-25-11.

## Advanced Communicator Gold

Club	Area	Award	Name	Club Name
21	B1	ACG	Hodges, Carole Ann	Santa Monica Club 21
4847	C1	ACG	Minette, Jennifer Annis	High Flyers
4138	A3	ACG	Patterson-Felder, Bridgett D.	C.I.T.I.E.S.

## Advanced Communicator Silver

Club	Area	Award	Name	Club Name
1499522	D3	ACS	Duffin, A. Ivonne	Winners' Circle
4419	C2	ACS	Moore, Jessie M	Aerovision Toastmasters
1497	E4	ACS	Otters, Carol	Lakewood Toastmasters
1333290	C2	ACS	Shields, Linda D.	Hard Hatters
3921	C1	ACS	Varga, Agnes	Beach Cities

## Advanced Communicator Bronze

Club	Area	Award	Name	Club Name
2681	B3	ACB	Alvarez, Thomas R	Century City Toastmasters
2133	B3	ACB	Davis, Gena Yvette	Fox Talkz
1431047	E5	ACB	Deloatch, Jacquelyn	First Class Communicators
1032	B5	ACB	Denk, Alexander	Toastmasters 90210
174	D3	ACB	Du Somme, Andre F.	Peninsula Club
1326683	B4	ACB	Frankel, Tony	West Hollywood Toastmasters
691841	D2	ACB	Gauthier, Gilbert B.	Dreambuilders Toastmasters
1490449	D2	ACB	Hays, Robert Leonard	WLE Toastmasters
4792	E5	ACB	Khidkikar, Nandkishor V.	BP Refined Speakers
2681	B3	ACB	Levy, Lynda S.	Century City Toastmasters
4489	A2	ACB	Lloyd, Linda D.	Agape Club
1431047	E5	ACB	Richardson, Michelle	First Class Communicators
977	A3	ACB	Schmidt, Laura Elizabeth	Professional Women Toastmasters
1267220	E3	ACB	Smith, Shirley A.	Century 21 Masters of Action
4847	C1	ACB	Van Gelder, Linda J.	High Flyers
609097	D4	ACB	Wei, Cindy	Motor Mouths
1267220	E3	ACB	Wilkerson, Marlow	Century 21 Masters of Action

## Competent Communicator

Club	Area	Award	Name	Club Name
787672	E3	CC	Bado, Margaret M.	Cerritos Cheerful Chatters
8944	C3	CC	Browne, Tara	Mattel Toastmasters Club
328	B4	CC	Bullock, Angela Lorraine	Hollywood & Vine Club
6264	D5	CC	Chan, Jia Yi	Demosthenes Wannabees
1910	E2	CC	Correa, Tawny Rose	SPEAK OUT!
11	E3	CC	Cota, Rodger	Long Beach Gavel Club
401	C4	CC	Desain, John D	Aerospace Club
8944	C3	CC	Dottore, Giovanna E.	Mattel Toastmasters Club
743	B3	CC	Drozd, Christopher	Singles by the Sea
609097	D\$	CC	Forte, Sheila W.	Motor Mouths Club
1326683	B4	CC	Estrada, Tony	West Hollywood Toastmasters
1267220	E3	CC	Gaughan, Rob	Century 21 Masters of Action
280	D1	CC	Georgoulis, Evan John	South Bay Toastmasters Club
743	B3	CC	Gloster, Vance M.	Singles by the Sea
4131	E3	CC	Grace, Marcia	Long Beach Live Wires
6264	D5	CC	Graham, Marsha	Demosthenes Wannabees
153	C3	CC	Guruswamy, Mini	El Segundo Toastmasters
401	C4	CC	Hall, Donald	Aerospace Club
1391	E1	CC	Hill, Franklin Ted	Shoreline Speakers
2924	D5	CC	Hirst, Mike D.	South Bay Speakers
1260152	B2	CC	Hudson, David	Edmunds Toastmasters
711440	D3	CC	Jache, Dietrich William	Toast of the Bay Club
4792	E5	CC	Jackson, Keith	BP Refined Speakers
2133	B3	CC	Jordan, Maurice J.	Fox Talkz
2681	B3	CC	Kennedy, James George	Century City Toastmasters Club
1497	E4	CC	Kitchen, David	Lakewood Toastmasters Club
1015	D3	CC	Koyanagi, Grant T	Harbor Lights Club
7786	C2	CC	Krepp, Jeffrey A	Air LA Club
21	B1	CC	Lawson, Patricia Dianne	Santa Monica Club 21
743	B3	CC	Lee, Greg	Singles by the Sea
977	A3	CC	Levine, Leann C.	Professional Women Toastmasters
1356338	D5	CC	Macline, Jasette	Southwest Toastmasters

## Competent Communicator (cont.)

Club	Area	Award	Name	Club Name
3645	D1	CC	Mah-Meggett, Choon Hong	Bay Cities Club
1356338	D5	CC	Mah-Meggett, Choon Hong	Southwest Toastmasters
693601	C4	CC	Mealins, Earl S.	Follow the Leader Club
21	B1	CC	Merrill, Lynne	Santa Monica Club 21
2737	E4	CC	Nordholm, Scott Michael	Coast Masters Club
1015	D3	CC	O'Connell, Donna G.	Harbor Lights Club
2681	B3	CC	Overly, Patricia	Century City Toastmasters
693601	C4	CC	Perry, Roberta	Follow the Leader Club
987022	D4	CC	Rhymes, Regina D.	Carson Communicators
1326683	B4	CC	Rowe, Philip	West Hollywood Toastmasters
691841	D2	CC	Satterwhite, Valery	Dreambuilders
2133	B3	CC	Shatum, Leslie Susan	Fox Talkz
401	C4	CC	Simon, Renee	Aerospace Club
787672	E3	CC	Swenson, Irene S.	Cerritos Cheerful Chatters
7781	A1	CC	Vasquez, Sonya E.	Coach Class
609097	D4	CC	Vinjapuri, Kishore K	Motor Mouths Club
212	C5	CC	Winfrey, Darrell	Northrop Grumman
6270	B5	CC	Witt, Joshua D	Bruin Toastmasters

## High Performance Leadership

Club	Area	Award	Name	Club Name
4211	A3	HPL	Hight, Theresa	Century City Toastmasters Club
5942	A5	HPL	Holden, Glenda Faye	Dynamic 90's
787672	E3	HPL	Lee, Larry	Cerritos Cheerful Chatters
4419	C2	HPL	Moore, Jessie M	Aerovision Toastmasters
1359135	D1	HPL	Weltman, Grace Cainoy	Lexus Linguists

## Advanced Leader Silver

Club	Area	Award	Name	Club Name
280	D1	ALS	Kamen, Bonny	South Bay Toastmasters Club
1497	E4	ALS	Otters, Carol	Lakewood Toastmasters

## Advanced Leader Bronze

Club	Area	Award	Name	Club Name
1142290	A5	ALB	Allen, Jessica Lewis	Praisemasters
1356338	D5	ALB	Alvine, Lewis J.	Southwest Toastmasters
8186	B4	ALB	Berland, Kim Renee	Fig Masters Club
711440	D3	ALB	Fintland, Susan L.	Toast of the Bay Club
2681	B3	ALB	Foxworthy, Brooke Autumn	Century City Toastmasters Club
4359	A4	ALB	Holden, Glenda Faye	City of Champions
280	D1	ALB	Mackey, Kryssie N.	South Bay Toastmasters Club
1356338	D5	ALB	Mah-Meggett, Choon Hong	Southwest Toastmasters
11	E3	ALB	Otters, Carol	Long Beach Gavel Club
7933	D5	ALB	Petran, Michael Paul	Toyota Club
987022	D4	ALB	Rhymes, Regina D.	Carson Communicators
3811	E5	ALB	Robinson, Imani	Compton Elite Communicators
1032	B5	ALB	Sinkeviciute, Birute	Toastmasters 90210 Club
1267220	E3	ALB	Smith, Shirley A.	Century 21 Masters of Action

## Competent Leader

Club	Area	Award	Name	Club Name
1142290	A5	CL	Allen, Jessica Lewis	Praisemasters
1028926	B2	CL	Burke, Janine	Tinseltown Toastmasters
1510136	E1	CL	Corpus, Christopher	Aquarium Pacific Wavemakers
977	A3	CL	Crow, Melissa	Professional Women Toastmasters
5983	B1	CL	Dutilh, Debby	Sand & Sea Speakers Club
8944	C3	CL	Hauser, Mark	Mattel Toastmasters Club
711440	D3	CL	Hugh, Donald C.	Toast of the Bay Club
1326683	B4	CL	Khorravian, Shervin	West Hollywood Toastmasters
977	A3	CL	Kim, Phillip	Professional Women Toastmasters
8944	C3	CL	Levine, Jeffrey Howard	Mattel Toastmasters Club
280	D1	CL	Mackey, Kryssie N.	South Bay Toastmasters Club
3645	D1	CL	Mah-Meggett, Choon Hong	Bay Cities Club
1356338	D5	CL	Mah-Meggett, Choon Hong	Southwest Toastmasters
7933	D5	CL	Mahurkar, Abhi	Toyota Club
7933	D5	CL	Mayfield, Cynthia Berry	Toyota Club
693601	C4	CL	Mitchell, Margaret L.	Follow the Leader Club
5642	D3	CL	Tamer, Kathryn L.	Grand Communicators
1356338	D5	CL	Taylor, Eldridge J.	Southwest Toastmasters
8186	B4	CL	Vutukuri, Mohan Rao	Fig Masters Club
1499522	D3	CL	Weltman, Grace Cainoy	Winners' Circle

# Mark Your Calendar

For more information go to [www.tmdistrictone.org](http://www.tmdistrictone.org)



FEBRUARY						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					
MARCH						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
APRIL						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
MAY						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## February 2011

"Talk Up Toastmasters"		
Membership Contest begins	Tues. 2-1	
Div E Officer Makeup Training	Wed. 2-9	12 noon
Membership Symposium	Sat. 2-12	9:00 am
Deadline for District Nom Forms	Mon. 2-14	
True Blue TMs Open House	Wed. 2-16	12 noon
Area Governor Roundtable	Wed. 2-16	6:30 pm
Toyota TMs Open House	Thurs. 2-17	12 noon
Los Angeles Professional		
Speakers Open House	Thurs. 2-17	6:30 pm
Cadillac TMs Open House	Fri. 2-18	12:30 pm
First Class Communicators		
Anniversary Celebration	Sat. 2-19	10:00 am
Div E Officer Makeup Training	Tues. 2-22	6:30 pm
Raising the Bar Open House	Tues. 2-22	6:00 pm
Lakewood TMs Open House	Tues. 2-22	6:30 pm
Div A Officer Makeup Training	Wed. 2-23	
Div C Officer Makeup Training	Thurs. 2-24	6:30 pm
Speakers Bureau Meeting	Thurs. 2-24	7:00 pm
Contest Planning/Judges Training	Sat. 2-26	10:15 am
Last Day for Training Club Officers	Mon. 2-28	

## March 2011

Area A2 Contest	Wed. 3-2	Evening
Area B3 Contest	Thurs. 3-3	Evening
Area D5 Contest	Fri. 3-4	Evening
Area A3 Contest	Sat. 3-5	
Area C3 Contest	Wed. 3-9	Evening
Area C4 Contest	Thurs. 3-10	Evening
Area D2 Contest	Fri. 3-11	Evening
Area B2/B4 Double Contest	Sat. 3-12	
Area B5 Contest	Tues. 3-15	Evening

## March 2011 (continued)

Steering Committee Meeting	Wed. 3-16	7:00 pm
Area C1 Contest	Thurs. 3-17	Evening
Area E4 Contest	Fri. 3-18	Evening
Area E5 Contest	Sat. 3-19	Morning
Area C2 Contest	Wed. 3-23	Evening
Speakers Bureau Meeting	Thurs. 3-24	7:00 pm
Area A4 Contest	Thurs. 3-24	Evening
Area E2 Contest	Fri. 3-25	Evening
Area A5 Contest	Sat. 3-26	
Area A1 Contest	Wed. 3-30	Evening
Area B1 Contest	Thurs. 3-31	Evening
"Talk Up Toastmasters"		
Membership Contest Ends	Thurs. 3-31	

## April 2011

April dues renewals due to T1	Fri. 4-1	
Area D4 Contest	Fri. 4-1	Evening
Area E1/E3 Double Contest	Sat. 4-2	
Area D3 Contest	Wed. 4-6	Evening
District Realignment Meeting	Thurs. 4-7	7:00 pm
Area C5 Contest	Fri. 4-8	Evening
Division A Contest	Sat. 4-9	
Division C Contest	Thurs. 4-14	Evening
Area D1 Contest	Fri. 4-15	Evening
Division B Contest	Sat. 4-16	
Area Governor Roundtable	Wed. 4-20	6:30 pm
Speakers Bureau Meeting	Thurs. 4-28	7:00 pm
Division D Contest	Fri. 4-29	Evening
Division E Contest	Sat. 4-30	

## May 2011

District ONE Spring Conference	Sat. 5-21	All Day
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## 100% Officers Trained!

Strong clubs have trained officers. Congratulations to the following 11 clubs who had all 7 of their officers trained at Toastmasters Leadership Institute (TLI) on July 8, 2011. Each club will receive a \$50 Toastmasters Int'l gift certificate from District ONE.

- B2 Tinseltown TMs
- B5 Executive TMs
- C5 Northrop Grumman TMs
- D3 Peninsula
- D3 Toast of the Bay
- D3 Winners' Circle
- D4 Ethical Elite
- D4 Motor Mouths
- E3 Long Beach Gavel Club
- E4 Upper Crust
- E5 First Class Communicators

## Are you thinking about becoming a District Officer?

ARE YOU LOOKING FOR LEADERSHIP opportunities and challenges? Are you considering running for a District officer position for the 2011-2012 term? If so, the time to act is now!

At the Spring District ONE Conference on May 21, 2011, we will be electing the following officers:

- District Governor
- Lt. Governor Education and Training
- Lt. Governor Marketing
- Division Governors

Serving as a District leader offers an exciting platform to build on your existing leadership abilities, expand your skill set and work with motivated teams to achieve common goals. The experience gained in District leadership is often a launching pad for personal and career success.

Will 2011-2012 be your year? Go to [www.tmdistrictone.org/nominations.asp](http://www.tmdistrictone.org/nominations.asp) for a full list of elected positions and their qualifications and to download a nomination form. Or, contact Nominating Committee Chair Sandy Dunning, DTM, IPDG for more information at 526-598-8820 or [spdunning@earthlink.net](mailto:spdunning@earthlink.net).

You may nominate yourself or other qualified candidates for any of the above positions. The deadline to submit nomination forms is February 14, 2011.

— Sandy Dunning, DTM, IPDG, District ONE Nominating Committee Chair

# BREAKING NEWS!

Find out the *latest* rulebook changes at



## Contest Planning / Judge's Training

**SATURDAY, FEB. 26**

**Registration:** 10:15 A.M. and 1:15 P.M.

**Contest Planning Training:** 10:45 A.M - 1:30 P.M.    **Judge's Training:** 1:45 - 4:00 P.M.

**Location:** El Segundo Public Library, 111 West Mariposa Ave, El Segundo, CA 90245

### CONTEST TRAINING

Tips and tools for a perfect club, area or division contest.

**Who should attend:**

- Area and Division Governors
- Contest Chairs and potential Contest Chairs
- Contest committee members
- Club officers

**Training to include:**

How to:

- Build a terrific contest team
- Keep up with the “Breaking News!” new rules
- Use the “Contest Manager” spreadsheet
- Prepare a contest budget
- Publicize your contest for good attendance
- Have fun at your contest!

### JUDGE'S TRAINING

Become the best judge you can be.

**Who should attend:**

- Area and Division Governors
- Contestants
- Club officers
- Anyone interested in judging a speech contest

**Training to include:**

- “Breaking News!” — the very *latest* new rules for **Tall Tales** and **International Speech** Contests in Spring 2011
- Importance of the contest judging process
- How to be a Chief Judge
- How to use the judge's guide & ballot
- Mock contest and practice judging session
- Plenty of discussion time

New Early Bird Rates (postmarked before 2-18-11): With lunch \$10.00 • Without lunch: \$8.00

Late Bird (postmarked 2-19-11 or later) and walk-in: \$12.00

Come all-day or half-day. Fee includes refreshments and materials.

Send registration AND payment to Tina Tomiyama, 3720 Monteith Drive, LA 90043-1714    Make checks payable to District ONE Toastmasters

For more information, contact District ONE Chief Judge **Jessica Lewis Allen**, DTM, at [singingmillionaire@yahoo.com](mailto:singingmillionaire@yahoo.com)

Name \_\_\_\_\_

Early Bird with lunch \_\_\_\_\_ @ \$10 \_\_\_\_\_

Designation \_\_\_\_\_

Early Bird without lunch \_\_\_\_\_ @ \$8 \_\_\_\_\_

Club Name or Number \_\_\_\_\_

Late Bird (after 2-18-11) \_\_\_\_\_ @ \$12 \_\_\_\_\_

Email or Phone \_\_\_\_\_

Planning to attend     Both Contest Planning and Judges Training

morning Contest Training only     afternoon Judge's Training only

**TOTAL** \_\_\_\_\_

# Toastmasters Leadership Institute

OVER 400 CLUB OFFICERS got trained at the January 8, 2011 Toastmasters Leadership Institute at the beautiful Cal State Dominguez Hills campus in Carson.

District Governor **Giovanna Dottore**, DTM, inspired the crowd to aim high this year in her Keynote Presentation "Shooting for the Moon." **Sherwood Jones**, ACS, QS led a rousing game of "DCP Jeopardy" to reinforce the Distinguished Club

Program goals and Lieutenant Governor of Education & Training **Joan Lewis**, DTM, reminded attendees that communication and leadership achievements aren't official until you submit the paperwork to TI. Special-interest workshops on *Motivating Your Team*, *Getting Paid to Speak*, *From Lackluster to Blockbuster Membership* and *Creating a Winning Speech* rounded out the entertaining and educational day.



Toastmasters beat down the doors for Robert Mackenzie's talk about "Creating a Winning speech".



Trainer Catherine Magruder checks her outline.



Toastmasters enjoy a good presentation!



Diana Dunlap makes sure members are truly welcomed.



District Governor Giovanna Dottore inspires an audience to "Shoot for the Moon."



Bob Dung, Johnny Ponder and Wendy Johnson pass out highly prized "Shoot for the Moon" rocks.



Brand-new club Cadillac Toastmasters calls an impromptu Board meeting at lunch.



← Abdul Alim and Tony Estrada confer with LGM David Kitchen.



Claudette Payne and Maria Ruiz share a laugh in the corridor.